

PRECODE COGNITIVE ASSESSMENTS

Assessment links will provide additional information about each assessment(s), instructions on how to access, and details on who can administer, etc. To access the content, will need an active ReCODE or PreCODE subscription.

- [SLU Mental Status \(SLUMS\)](#) or [Montreal Cognitive Assessment \(MoCA\)](#): One of these two assessments will be administered at baseline and every six months thereafter.
- [Cognitive Quotient \(Cq Assessment\)](#) will be completed at baseline and monthly thereafter located in the assessment page of the portal.

THE BASELINE PRECODE LAB PANEL (REQUIRED TESTING)

There are two standard PreCODE Lab Panels. Below is the baseline PreCODE Lab Panel, which will be run at baseline. (Based upon abnormal lab values and/or the clinical presentation, additional labs can be ordered at any time, per the practitioner's discretion.)

- ApoE4 status
- Homocysteine
- Hemoglobin A1c
- Fasting Insulin
- Lipid Panel: Total Cholesterol, HDL, Triglycerides, LDL-Cholesterol (calculated), Cholesterol/HDL Ratio (calculated), Non-HDL Cholesterol (calculated)
- Complete Metabolic Panel: Albumin, A/G Ratio, ALT, AST, BUN/Creatinine Ratio, Calcium, Creatinine, Globulin, Glucose, Potassium
- Complete Blood Count: White Blood Cell and Platelet
- Hs-CRP (high sensitivity C-reactive protein)
- Hormone status: TSH
- Vitamin D Serum (25-hydroxy cholecalciferol)
- Ferritin

THE FOLLOW-UP PRECODE LAB PANEL (REQUIRED TESTING)

Below is The Follow-Up PreCODE Lab panel. This is the same as the Baseline PreCODE Lab Panel minus ApoE4 status. It will be run at the six month point and annually thereafter.

- Homocysteine
- Hemoglobin A1c
- Fasting Insulin
- Lipid Panel: Total Cholesterol, HDL, Triglycerides, LDL-Cholesterol (calculated), Cholesterol/HDL Ratio (calculated), Non-HDL Cholesterol (calculated)
- Complete Metabolic Panel: Albumin, A/G Ratio, ALT, AST, BUN/Creatinine Ratio, Calcium, Creatinine, Globulin, Glucose, Potassium
- Complete Blood Count (CBC)
- Hs-CRP (high sensitivity C-reactive protein)
- Hormone status: TSH
- Vitamin D Serum (25-hydroxy cholecalciferol)
- Ferritin

Follow-up tests can be ordered if any of the above show abnormal values, in order to determine the underlying cause(s).